



24 February 2010

**To whom it may concern**

Working at adidas for 10 years has given me many unique experiences to see live sport, yet one of my most appreciated company opportunities is the use of facilities and services provided by Wellness International to enable me to improve physically.

As work and home life demand more of my time, it has been a tremendous benefit to use the Wellness International team to keep sight of my strength and body composition goals. In the early days a Wellness staff member would meet me at 7am to ensure I committed to the plan and executed the sessions fully. Moving through the years I've utilized regular body index testing and nutritional advice to control a weight gain goal.

Furthermore, as an active footballer, the medical staff from Wellness International have provided many Health Assessment services ranging from chiropractor sessions through to MRI scans to keep me active.

I am genuinely grateful for the services provided by the team over the years and still hugely privileged to be able to use the gym facilities on a daily basis.

Barry Moore

A handwritten signature in black ink, consisting of several loops and a long horizontal stroke extending to the right.

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